

Acting CEC Distributes Food Baskets under Nikshay Mitra Initiative for Sankoo

Kargil, September 11, 2025: Acting Chief Executive Councillor (CEC), LAHDC Kargil, Kacho Mohd Feroz, today distributed food baskets to tuberculosis (TB) patients and their family members for Sankoo Division under the Nikshay Mitra initiative. The Nikshay Mitra program, a part of the Tuberculosis Elimination Program, aims to provide comprehensive support to TB patients in three key areas—nutritional, additional diagnostic, and vocational assistance. The initiative encourages individuals, organizations, government employees, civil society groups, and corporates to voluntarily adopt TB patients and extend consistent support.

J&K Bank has emerged as one of the major stakeholders, consistently contributing to the cause and they had distributed 97 food packets previous year, while next requisitions were placed for further support this year under which more food packets have been distributed. Food packets have already been distributed for Chiktan, Drass, and Shargole, while the remaining regions of Taisuru and Zanskar will be covered within this week said District Tuberculosis Officer Dr Mohd Abass.

Contributions to the initiative have also received from CEC LAHDC Kargil Dr. Mohd Jaffer Akhoun, DC Kargil Rakesh Kumar, doctors, medical staff, government employees, businesspersons, various trade unions, CHO Zanskar, and other officials. Their collective efforts reflect strong community participation in the fight against tuberculosis. District Tuberculosis Officer, Dr. Mohd Abass, appealed to civil society members and individuals willing to support TB patients to come forward and contact the District Tuberculosis Office for enrolment as Nikshay Mitras.

He emphasized that TB patients often belong to extremely poor economic backgrounds, and when the earning member of a family is affected, it severely impacts their financial stability. Nutritional and financial support from Nikshay Mitras plays a crucial role in improving patients' recovery and reducing the overall burden of treatment.

The distribution ceremony was attended by District Tuberculosis Officer, Dr. Mohd Abass, Dr. Syed Mohd (In-charge BOM Sankoo), CHOs Farooqa and Thuvina, District Program Coordinator Syed Mohd, and the medical staff team, who collectively expressed commitment to strengthening this noble initiative. The Nikshay Mitra program continues to serve as a vital bridge between the community and TB patients, fostering care, compassion, and sustainable support in the journey toward a TB-free Ladakh.



