

### **Free Lecture-cum-Interaction Camp Held at Khaltse Sub Division.**

Khaltse, September 02, 2025: A Free Lecture-cum-Interaction Camp on Natural Healing and Alternate Medicine was organized today at the BDO Conference Hall, Khaltse, by Dr. Ranjeet Kumar Kaushal, Vikram Singh, and Priyanka Kaushal (Naturopathy) from PMSR Ranjeetrishi Organization, Hoshiarpur, Punjab.

The session focused on Natural Healing Alternate Medicine, Power of the Subconscious Brain, Vagus Nerve Stimulation, and Heart-Soul Meditation for stress relief, inner peace, happiness, and enlightenment.

Sub-Divisional Magistrate (SDM) Khaltse, Mohd Sharif, welcomed the team and honored them with traditional Khatags.

Dr. Ranjeet Kumar Kaushal elaborated on the benefits of natural healing practices and meditation techniques, highlighting their role in stress management and holistic well-being.

The camp witnessed active participation of officers and officials of Sub Division Khaltse, led by the SDM.



