

Awareness Programme on Drug and Substance Abuse Organized at HSS Phey under Nasha Mukht Bharat Abhiyan

Zanskar, August 20, 2026: The Tehsil Social Welfare Office, Zanskar, in collaboration with the Police Department and Medical Department, Zanskar, organized an awareness programme on Drug and Substance Abuse at Government Higher Secondary School, Phey, under the Nasha Mukht Bharat Abhiyan.

The programme was attended by the Principal, teaching and non-teaching staff, and hundreds of students, reflecting active participation and growing awareness among the youth regarding the serious issue of drug and substance abuse.

Tehsil Social Welfare Officer, Sh. Ghulam Rasool Lal, welcomed the participants and highlighted the importance of conducting such awareness programmes, particularly among students and young people. He briefed the gathering about the role of the Social Welfare Department in prevention, awareness, counselling, rehabilitation and community participation in the fight against substance abuse. The participants also took the Nasha Mukht Bharat Abhiyan Pledge, reaffirming their commitment to contribute towards building a drug-free society.

Dr. Sajjad Hussain from the Medical Department delivered a detailed awareness session on the physical and psychological effects of drug and substance abuse. He sensitized the students about the harmful impact of addiction on health, education, family life and future prospects.

Sub-Inspector Stanzin Choszom of the Police Department apprised the students about the legal and social consequences of drug abuse, emphasizing the importance of staying away from drugs and making responsible choices.

The Principal of HSS Phey also addressed the gathering and highlighted the devastating impact of addiction on an individual's personal, family and social life. He urged the students to remain aware, make responsible choices and stay away from drugs and other harmful substances.

An interactive question-and-answer session was also conducted, during which students actively participated and raised queries related to drug abuse, prevention, rehabilitation and legal consequences. The queries were addressed by the resource persons in an informative and engaging manner.

The programme concluded with a vote of thanks delivered by Sh. Feroz Ali, Social Worker, who expressed gratitude to the school administration, resource persons, staff and students for their active participation and cooperation.

The Tehsil Social Welfare Office reiterated its commitment to strengthening awareness and preventive efforts under the Nasha Mukht Bharat Abhiyan and encouraged the youth to become responsible ambassadors for building a healthy, aware and drug-free Zanskar.

